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| **STEPS TO WELLNESS**Review QuestionsLesson Nine – Stop Poisoning Yourself |
| T | F | (True or False) |
|[ ] [ ]  1. | Drinking is the cause of a large share of the automobile accidents. |
|[ ] [ ]  2. | Alcohol is the most widely used mood-changing drug in the world. |
|[ ] [ ]  3. | Trying to escape life’s problems through drugs really adds to life’s problems. |
|[ ] [ ]  4. | Alcohol is a food that adds nutrition. |
|[ ] [ ]  5. | Alcohol has no effect upon your life span. |
|[ ] [ ]  6. | The brain is the first part of the body which alcohol affects. |
|[ ] [ ]  7. | Not only does alcohol affect the brain, but it damages the heart, stomach and liver. |
|[ ] [ ]  8. | Even a few bottles of beer can destroy brain cells. |
|[ ] [ ]  9. | Any person who drinks could become a problem drinker or an alcoholic. |
|[ ] [ ]  10. | Most people who have become dependent on drugs can easily stop using them any time they wish. |
|[ ] [ ]  11. | Since marijuana is not addictive, it is not a dangerous drug. |
|[ ] [ ]  12. | Marijuana leads to the use of stronger drugs. |
|[ ] [ ]  13. | Heroine can cause addiction after just one or two doses. |
|[ ] [ ]  14. | The basic reason for using drugs is selfishness. |
|[ ] [ ]  15. | The abundant life Jesus Christ offers has no need for drug dependence. |
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